B.A

COMPULSORY NON-CREDIT COURSE

SEMESTER-III

(DABB32310T) DRUG ABUSE: PROBLEM, PREVENTION AND MANAGEMENT

MAX.MARKS: 100

EXTERNAL: 70

INTERNAL: 30

PASS: 40%

CREDITS: 4

OBJECTIVE:

The objective of the course is to spread awareness amongst learners regarding social, psychological and physical effects of drug abuse, and familiarize them with the policies and treatment services available.

COURSE OUTCOMES:

CO 1:	Describe a variety of models and theories of addiction and other problems related to substance abuse.
CO 2:	Describe the behavioral, psychological, physical health and social effects of psychoactive substances on the person using, and significant others.
CO 3:	Provide culturally relevant formal and informal education programs that raise awareness and support substance abuse prevention and the recovery process.
CO 4:	Describe factors that increase the likelihood for an individual, community or group to be at-risk for, or resilient to, psychoactive substance use disorders.

INSTRUCTIONS FOR THE PAPER SETTER/EXAMINER:

1. The syllabus prescribed should be strictly adhered to.
2. The question paper will consist of three sections: A, B, and C. Sections A and B will have four questions each from the respective sections of the syllabus and will carry 10 marks each. The candidates will attempt two questions from each section.
3. Section C will have fifteen short answer questions covering the entire syllabus. Each question will carry 3 marks. Candidates will attempt any 10 questions from this section.
4. The examiner shall give a clear instruction to the candidates to attempt questions only at one place and only once. Second or subsequent attempts, unless the earlier ones have been crossed out, shall not be evaluated.

5. The duration of each paper will be three hours.

INSTRUCTIONS FOR THE CANDIDATES:

Candidates are required to attempt any two questions each from the sections A, and B of the question paper, and any ten short answer questions from Section C. They have to attempt questions only at one place and only once. Second or subsequent attempts, unless the earlier ones have been crossed out, shall not be evaluated.

Section- A

Unit 1: Introduction to the Problem: Concept (what constitutes drug abuse); Nature (vulnerable age groups, signs and symptoms); Causes (physiological, psychological, sociological); Consequences (for individuals, families, society and nations)

Unit 2: Management of Drug Abuse: Medical Management **(**Medication for treatment and to reduce withdrawal effects, Drug De-addiction clinics, Relapse management); Psycho-Social Management (Counselling, family and group therapy, behavioral and cognitive therapy, Environmental Intervention).

Section- B

Unit 3: Social Efforts for Prevention of Drug Abuse: Role of Family and Social Institutions (Parent child relationship, Family support, Supervision, Shaping values, Active Scrutiny; School Counselling, Teacher as role- model. Parent-Teacher-Health Professional Coordination, Random testing on students; Media: Restraint on advertisements of drugs, advertisements on bad effects of drugs, Publicity and media, Campaigns against drug abuse, Educational and awareness program

Unit 4: Political Efforts for Prevention of Drug Abuse: NDPS Act, Statutory warnings, Policing of Borders, Checking Supply/Smuggling of Drugs, Strict enforcement of laws, Time bound trials.

Suggested Readings:

- Inciardi, J.A. 1981. The Drug Crime Connection. Beverly Hills: Sage Publications.
- Modi, Ishwar and Modi, Shalini (1997) Drugs: Addiction and Prevention, Jaipur: Rawat Publication.
- Sain, Bhim 1991, Drug Addiction Alcoholism, Smoking obscenity New Delhi: Mittal Publications.
- Sandhu, Ravinder Singh, 2009, Drug Addiction in Punjab: A sociological study. Amritsar: Guru Nanak Dev University.
- Singh, Chandra Paul 2000. Alcohol and Dependence among Industrial Workers: Delhi: Shipra.

- World Drug Report 2011, United Nations Office of Drug and Crime. 8. World DrugReport2010, United Nations Office of Drug and Crime.
- The Narcotic Drug and Psychotropic Substances Act, 1985, Universal, Delhi, 2012.

