Syllabus

Certificate in Beauty and Wellness

	SEMESTER 1	
CBW-101	**Fundamentals Of Beauty Therapy** **SECTION A** Unit-1 Introduction to Beauty Therapy and Cosmetology Unit-2 Structure and Types of Skin Unit-3 Practical Training in Basic Skin Care (Cleansing, Toning Moisturizing) Unit-4 Personal Hygiene and Professional Ethics **SECTION B** Unit-5 Introduction to Beauty Tools and Equipment Unit-6 Hair Care Basics and Scalp Treatment Unit-7 Introduction to Makeup and Cosmetic Products Unit-8 Safety, Sanitation, and Sterilization Practices	M.M - 100 Ext. - 70 Int. - 30 Pass - 40%

CBW-102	**Skin Care and Facial Treatments** **SECTION A** Unit-1 Structure and Functions of Skin Unit-2 Skin Types and Skin Analysis Unit-3 Common Skin Problems and Disorders Unit-4 Practice of CTM (Cleansing, Toning, Moisturizing) **SECTION B** Unit-5 Types of Facials (Basic, Herbal, Fruit, Anti-aging, etc.) Unit- 6 Step-by-step practice of **basic facial procedure** Unit- 7 Use of Facial Products and Equipment Unit- 8 Post-Facial Care and Precautions	M.M - 100 Ext. - 70 Int. - 30 Pass - 40%

CBW-103	**Hair Care And Makeup Techniques** **SECTION A** Unit-1 Basics and Types of Hair Unit-2 Tools and Equipment for Hair Styling Unit-3 Common Hair and Scalp Problems Unit-4 Basic Hair Care Practices (Oiling, Cleansing, Conditioning) **SECTION B** Unit-5 Introduction to Makeup Artistry and Cosmetology Unit- 6 Types of Skin Tones and Face Shapes Unit- 7 Makeup Products and Tools Unit- 8 Practice of **basic makeup** (foundation, compact, eye makeup)	M.M - 100 Ext. - 70 Int. - 30 Pass - 40%

CBW-104	**Practical Training in Beauty Therapy** **SECTION A** Unit-1 Skin Analysis and Basic Facial Procedures Unit-2 Manicure and Pedicure Techniques Unit-3 Hair Removal Practices Unit-4 Basic Makeup Application **SECTION B** Unit-5 Hair Care and Styling Unit-6 Bridal and Special Occasion Makeup Unit-7 Use and Maintenance of Beauty Tools & Equipment Unit-8 Salon Setup, Client Handling, and Service Practice	M.M – 100 Practical/ Viva. - 70 Practical file - 30 Pass - 40%