Semester I

Paper -I : History and Culture of Punjab (2500 BCE- 1200 CE)

From Indus Valley Civilization to Early Medieval Period or Ancient Punjab

Course Code: DHCP1

Max. Marks: 100
External: 70
Internal: 30
Pass: 40%
Credits: 5

Course Objective:

This course has been developed with the following objectives:

1. To understand the geographical features of Punjab and their influence on its early historical development.
2. To familiarize learners with various historical sources such as archaeological, epigraphic, numismatic, and literary evidence.
3. To study the origin, extent, town planning, and socio-economic life of the Indus Valley Civilization.
4. To examine the social, religious, and economic conditions of the Early Vedic Age in Punjab.
5. To analyze the impact of early empires, Buddhism, Jainism, and early Islamic invasions on Punjab.
6. To explore the processes of cultural synthesis, including pre-Sufi and folk traditions in early Punjab.

Course Outcomes (COs)

After completing this course, learners will be able to:

CO1: Explain the origin, features, and significance of the Indus Valley Civilization with special reference to sites in Punjab.

CO2: Describe the transition from the Harappan Civilization to the Vedic period and analyze the socio-political and economic structures of early Punjab.

CO3: Examine the development of religious ideas, including Vedic traditions, later Vedic transformations, and heterodox sects such as Buddhism and Jainism.

CO4: Analyze the political history of Punjab during ancient and early medieval periods, including the impact of foreign invasions and regional powers.

CO5: Understand the evolution of society, economy, and culture, including agriculture, trade, urbanization, art, and architecture in ancient Punjab.

CO6: Evaluate the growth of language, literature, and cultural traditions that contributed to the formation of early Punjabi identity.

Instructions for the paper setter/ examiner:

1. The syllabus prescribed should be strictly adhered to.
2. The Question Paper will have 70 Multiple Choice questions (MCQs) and four choices of answers will be there covering the entire syllabus. Each question will carry 1 mark. All questions will be compulsory; hence candidates will attempt all the questions.

3. Paper-setters/Examiners are requested to distribute the questions from Section A and Section B of the syllabus equally i.e., 35 questions from Section A and 35 questions from Section B.
4. The examiner shall give clear instructions to the candidates to attempt questions.
5. The duration of each paper will be two hours.

Instructions for the students:

The question paper shall consist of 70 Multiple Choice questions. All questions will be compulsory and each question will carry 1 mark. There will be no negative marking. Students are required to answer using OMR (Optical Mark Recognition) sheets.

Syllabus of the course:

Section-A

1. Physical Features: Impact on Punjab History/ Geographical Features of the Punjab
2. Sources: Archaeology, Epigraphy, numismatic, literary and foreign accounts.
3. Indus Valley civilization: Discovery, extent and town planning.
4. Social, Religious, economic and political condition of Indus Valley Civilization
5. Harappan Culture: Religious life and Cause of Disappearance

Section-B

6. Main Features of Early Vedic Age (Social, economic and religious condition)
7. Punjab under Early empires
8. Religious Movements: Teachings and impact of Buddhism and Jainism.
9. Early Islamic invasions in Punjab
10. Synthesis of Cultures: Pre-Sufi and Folk Traditions

Suggested Readings:

- A.C. Arora, *History of Punjab (Punjabi)*, Publication Bureau, Punjabi University, Patiala.
- B.N. Puri, *Ancient Indian Historiography*, Atma Ram and Sons, Delhi, 1994.
- **D.N. Jha**, *Ancient India: An Introductory Outline*, Manohar Publishers, 2004.
- Fauja Singh (ed.), *History and Culture of the Punjab*, *Part I*, Punjabi University, Patiala.
- G.S. Chhabra, *The Advanced History of the Punjab, Vol. I*, New Academic Publishing.
- **L.M. Joshi**, *A Short History of the Punjab*, Publication Bureau, Punjabi University, Patiala, 1989.
- **R.S. Sharma**, *India's Ancient Past*, Oxford University Press, 2007.
- **Romila Thapar**, *Early India*, Penguin, 2002.
- **Upinder Singh**, *A History of Ancient and Early Medieval India*, Pearson, 2008.
- ਗੰਡਾ ਸਿੰਘ, *ਪੰਜਾਬ ਦਾ ਇਤਿਹਾਸ*, ਪੰਜਾਬੀ ਯੂਨੀਵਰਸਿਟੀ ਪ੍ਰਕਾਸ਼ਨ ਬਿਊਰੋ, ਪਟਿਆਲਾ, 1972
- ਫੌਜਾ ਸਿੰਘ (ਸੰਪਾ.), *ਪੰਜਾਬ ਦਾ ਇਤਿਹਾਸ (ਭਾਗ-I)*, ਪੰਜਾਬੀ ਯੂਨੀਵਰਸਿਟੀ, ਪਟਿਆਲਾ, 1987

- ਜੇ. ਐਸ. ਗਰੇਵਾਲ, *ਪੰਜਾਬ ਦਾ ਇਤਿਹਾਸ* (ਪੰਜਾਬੀ ਅਨੁਵਾਦ), ਪਬਲੀਕੇਸ਼ਨ ਬਿਊਰੋ, ਪੰਜਾਬੀ ਯੂਨੀਵਰਸਿਟੀ, ਪਟਿਆਲਾ, 2004