Paper-II: History and Culture of Punjab (1200-1469)

From Turko Afghan rule to Early Sikh period or Political and Social Landscape

Course Code: DHCP2

Max. Marks: 100
External: 70
Internal: 30
Pass: 40%
Credits: 5

Course Objective:

This course has been developed with the following objectives:

1. To understand the political, social, and cultural structures of Punjab under Turko-Afghan and Mughal rule.
2. To examine the socio-economic conditions, including caste system, urbanization, and economic life in medieval Punjab.
3. To explore the teachings and influence of Sufism, particularly Baba Farid and the Chishti Order.
4. To analyze the ideology and impact of the Bhakti Movement in shaping Punjab's cultural and religious landscape.
5. To study the development of syncretic traditions and interfaith dialogue in medieval Punjab.
6. To trace the growth of Punjabi language, literature, regional identity, and the historical background leading to the rise of Sikhism.

Course Outcomes:

After completing this course, learners will be able to:

CO1: Explain the political and administrative structures of Punjab during the Turko-Afghan and Mughal periods.
CO2: Analyze the social and economic conditions, including caste, urbanization, agriculture, and trade.
CO3: Evaluate the role and teachings of Sufism and Bhakti movements in shaping religious and cultural life.
CO4: Understand the development of Punjabi language, literature, and folk traditions.
CO5: Assess the role of women and the emergence of regional identity in medieval Punjab.
CO6: Examine the historical developments and socio-religious conditions that led to the emergence of Sikhism.

Instructions for the Paper Setter/ Examiner:

1. The syllabus prescribed should be strictly adhered to.

2. The Question Paper will have 70 Multiple Choice Questions (MCQs) with four choices of answers covering the entire syllabus. Each question will carry 1 mark. All questions will be compulsory.
3. Paper-setters/Examiners are required to distribute the questions equally from Section A and Section B, i.e., 35 questions from each section.
4. The examiner shall provide clear instructions to the candidates for attempting the questions.
5. The duration of the paper will be two hours.

Instructions for the Students:

The question paper shall consist of 70 Multiple Choice Questions (MCQs). All questions are compulsory, and each question carries 1 mark. There will be no negative marking. Students are required to answer using OMR (Optical Mark Recognition) sheets.

Section-A

1. Political Structure: Society and culture under Turko-Afghan and Mughal rule.
2. Society and Culture: Caste, Economy, and Urbanization
3. Sufism in Punjab: Teachings of Baba Farid and Chishti Order
4. Bhakti Movement: Ideology, Saints, and Impact on Punjab |
5. Interfaith Dialogue: Syncretic Traditions in Medieval Punjab

Section-B

1. Literature and Language: Development of Punjabi and Folk Traditions
2. Role of Women in Medieval Punjab
3. Rise of Regional Identity: Punjab as a Cultural Zone
4. Economic Life: Agriculture, Trade, and Craft Production
5. Historical Precursors to Sikhism: A Pre-1469 Overview

Suggested Readings:

- G.S. Nayyar, *Sikh Polity and Political Institutions*, Delhi, 1979.
- **Harbans Mukhia**, *The Mughals of India*, Blackwell, 2004.
- **Irfan Habib**, *Medieval India: The Study of a Civilization*, National Book Trust, 2008.
- J.S. Grewal, *The Sikhs of the Punjab*, Cambridge University Press, 1990.
- **K.A. Nizami**, *Some Aspects of Religion and Politics in India during the 13th Century*, Aligarh, 1961.
- Kirpal Singh (ed.), *History and Culture of Punjab, Part II (Medieval Period)*, Punjabi University, Patiala, 1975.
- N. Gerald Barrier, *The Sikhs and Their Literature*, Manohar Book Service, Delhi, 1970.
- **Sant Singh Sekhon**, *A History of Punjabi Literature*, Sahitya Akademi, 1993.
- **Satish Chandra**, *Medieval India: From Sultanat to the Mughals (Vol. I)*, Har-Anand, 2005
- **W.H. McLeod**, *Guru Nanak and the Sikh Religion*, Oxford, 1968.

- ਗੰਡਾ ਸਿੰਘ, ਸਿੱਖ ਇਤਿਹਾਸ ਬਾਰੇ, ਸ਼੍ਰੋਮਣੀ ਗੁਰਦੁਆਰਾ ਪ੍ਰਬੰਧਕ ਕਮੇਟੀ, ਅੰਮ੍ਰਿਤਸਰ, 2020
- ਫੌਜਾ ਸਿੰਘ, *ਪੰਜਾਬ ਦਾ ਇਤਿਹਾਸ (ਭਾਗ-III)*, ਪੰਜਾਬੀ ਯੂਨੀਵਰਸਿਟੀ, ਪਟਿਆਲਾ, 2014