Paper-III: History and Culture of Punjab (1469-1644)
(Era of Guru Nanak Dev ji to Guru Hargobind Sahib)
Course Code: DHCP3

Max. Marks: 100
External: 70
Internal: 30
Pass: 40%
Credits: 5

Course Objective:

This course is designed to:

1. To understand the historical background of Punjab during the 15th–16th centuries.
2. To study the life, teachings, and travels of Guru Nanak Dev Ji.
3. To examine the development of early Sikh institutions such as Sangat and Pangat.
4. To analyze the contributions of successive Gurus from Guru Angad Dev Ji to Guru Arjan Dev Ji.
5. To understand the causes and impact of Guru Arjan Dev Ji's martyrdom.
6. To examine the transformation of Sikhism under Guru Hargobind ji, including militarization and political relations.

Course Outcomes:

After completing this course, learners will be able to:

CO1: Explain the socio-political and religious background of Punjab during Guru Nanak Dev Ji's time.
CO2: Analyze the teachings and Udasis of Guru Nanak Dev Ji and their impact on society.
CO3: Understand the development of Sikh institutions and community practices.
CO4: Evaluate the contributions of early Sikh Gurus in strengthening Sikhism.
CO5: Assess the causes and consequences of Guru Arjan Dev Ji's martyrdom.
CO6: Examine the emergence of Sikh militarization and evolving relations with the Mughal state.

Instructions for the Paper Setter/ Examiner:

1. The syllabus prescribed should be strictly adhered to.
2. The Question Paper will have 70 Multiple Choice Questions (MCQs) with four choices of answers covering the entire syllabus. Each question will carry 1 mark. All questions will be compulsory.
3. Questions must be equally distributed: 35 from Section A and 35 from Section B.
4. Clear instructions should be given to the candidates.
5. Duration of the paper will be two hours.

Instructions for the Students:

The question paper shall consist of 70 MCQs. All questions are compulsory and carry 1 mark each. There will be no negative marking. Answers must be marked on OMR (Optical Mark Recognition) sheets.

Section-A

1. Historical Background: 15th–16th Century Punjab
2. Life and Travels (Udasis) of Sri Guru Nanak Dev Ji
3. Teachings of Guru Nanak Dev Ji: Mool Mantar, Equality, and Social Reform
4. Institutional Development: Sangat, Pangat, and Early Sikh Centers
5. Development under Guru Angad Dev Ji and Guru Amar Das Ji

Section-B

1. Development under Guru Ram Das Ji: Foundation of Amritsar
2. Guru Arjan Dev Ji: Compilation of Adi Granth and Masand System
3. Martyrdom of Guru Arjan Dev Ji (1606): Causes and Impact
4. Sikh Militarization: Transformation under Guru Hargobind Ji
5. Relations with Mughal Government: Battles and Political Strategy

Suggested Readings:

- Gopal Singh, *History of the Sikh People*, Oxford University Press.
- **Gurinder Singh Mann**, *The Making of Sikh Scripture*, Oxford, 2001.
- Hari Ram Gupta, *History of the Sikhs, Vol. I: The Sikh Gurus (1469–1708)*, Munshiram Manoharlal, New Delhi, 1978.
- Indu Banga (ed.), *The City of Amritsar*, Guru Nanak Dev University, Amritsar, 1991.
- J.S. Grewal, *History, Literature, and Identity: Four Centuries of Sikh Tradition*, Oxford University Press, 2011.
- Khushwant Singh, *A History of the Sikhs, Vol. I*, Oxford University Press, Delhi, 1991.
- Kirpal Singh (ed.), *Janamsakhi Sri Guru Nanak Dev Ji (Meharban Version)*, Khalsa College, Amritsar, 1962.
- Kirpal Singh, conjoint with Fauja Singh, *Atlas of the Travels of Guru Nanak*, Publication Bureau Punjabi University, Patiala, 1976
- **L.M. Joshi**, *A Short History of the Sikhs*, Publication Bureau, Punjabi University, 1983.
- **S.S. Johar**, *Guru Nanak and Sikh Religion*, Academic Publishing, 1998.
- **W.H. McLeod**, *Guru Nanak and the Sikh Religion*, Oxford University Press, 1968.
- ਪ੍ਰਿੰਸੀਪਲ ਤੇਜਾ ਸਿੰਘ, *ਸਿੱਖ ਇਤਿਹਾਸ (1469-1765),* ਪਬਲੀਕੇਸ਼ਨ ਬਿਊਰੋ ਪੰਜਾਬੀ ਯੂਨੀਵਰਸਿਟੀ, ਪਟਿਆਲਾ, 2003
- ਜੇ. ਐਸ. ਗਰੇਵਾਲ, *ਸਿੱਖ ਇਤਿਹਾਸ ਦਾ ਸੰਖੇਪ*(ਪੰਜਾਬੀ ਅਨੁਵਾਦ), ਪਬਲੀਕੇਸ਼ਨ ਬਿਊਰੋ, ਪਟਿਆਲਾ, **2005**

- ਕਿਰਪਾਲ ਸਿੰਘ, (ਅਨੁ.), *ਸਿੱਖ ਧਰਮ ਦੇ ਗੁਰੂ ਸਾਹਿਬਾਨ : ਪਵਿੱਤਰ ਰਚਨਾਵਾਂ ਤੇ ਰਚਨਾਕਾਰ,* ਭਾਗ ਪਹਿਲਾ, ਮੈਕਸ ਆਰਥਰ ਮੈਕਾਲਿਫ, ਪੰਜਾਬੀ ਯੂਨੀਵਰਸਿਟੀ, ਪਟਿਆਲਾ, 2003
- ਕਿਰਪਾਲ ਸਿੰਘ, (ਅਨੁ.), *ਸਿੱਖ ਧਰਮ ਦੇ ਗੁਰੂ ਸਾਹਿਬਾਨ : ਪਵਿੱਤਰ ਰਚਨਾਵਾਂ ਤੇ ਰਚਨਾਕਾਰ,* ਭਾਗ ਦੂਜਾ, ਮੈਕਸ ਆਰਥਰ ਮੈਕਾਲਿਫ, ਪੰਜਾਬੀ ਯੂਨੀਵਰਸਿਟੀ, ਪਟਿਆਲਾ, 2003