Paper-V: History and Culture of Punjab (1708-1799)
Rise of Sikh Power and the Misls
Course Code: DHCP5

Max. Marks: 100
External: 70
Internal: 30
Pass: 40%
Credits: 5

Course Objective:

This course has been developed with the following objectives:

1. To understand the political conditions of Punjab after Banda Singh Bahadur and the Sikh struggle against Mughal authority.
2. To analyze the impact of Afghan invasions, particularly Ahmad Shah Abdali, on Punjab and Sikh resistance.
3. To study the rise, organization, and functioning of the Dal Khalsa and Sikh Misls.
4. To examine the socio-economic changes in 18th century Punjab.
5. To evaluate the causes behind the success of the Sikhs, including military strategies and popular support.
6. To trace the emergence of Maharaja Ranjit Singh and the unification of the Misls leading to the foundation of the Sikh Kingdom.

Course Outcomes:

After completing this course, learners will be able to:

CO1: Explain the post-Banda phase and Sikh resistance against the Mughals and Afghans.
CO2: Analyze the role of Ahmad Shah Abdali and its impact on Punjab.
CO3: Understand the structure and functioning of the Dal Khalsa and Sikh Misls.
CO4: Evaluate socio-economic transformations in 18^{th} Century Punjab.
CO5: Assess the factors responsible for the rise of Sikh power.
CO6: Examine the early life of Maharaja Ranjit Singh and the process of unification of the Misls.

Instructions for the Paper Setter/ Examiner:

1. The syllabus prescribed should be strictly adhered to.
2. The Question Paper will have 70 Multiple Choice Questions (MCQs) with four choices covering the entire syllabus. Each question will carry 1 mark. All questions will be compulsory.
3. Questions must be equally distributed: 35 from Section A and 35 from Section B.
4. Clear instructions should be provided to candidates.
5. Duration of the paper will be two hours.

Instructions for the Students:

The question paper shall consist of 70 MCQs. All questions are compulsory and carry 1 mark each. There will be no negative marking. Answers must be marked on OMR (Optical Mark Recognition) sheets.

Section- A

1. Post-Banda Phase: Sikh Struggle against the Mughals
2. Afghan Invasions: Ahmad Shah Abdali and the Sikh Response
3. Rise of the Dal Khalsa: Organization and Guerilla Warfare
4. The Sikh Misls: Nature, Administration, and Territorial Control
5. Socio-Economic Changes in 18th Century Punjab |

Section-B

1. Political Fragmentation of Punjab (1760–1790)
2. Evolution of Sikh Institutions (Gurdwara, Akal Takht, Rakhi System)
3. Causes of Sikh Success: Military Strategy and Popular Support
4. Emergence of Maharaja Ranjit Singh: Early Life and Rise
5. Unification of Misls: Foundation of Sikh Kingdom (1799)

Suggested Readings:

- Ganda Singh, *Banda Singh Bahadur*, Publication Bureau, Punjabi University, Patiala, 1990.
- G.S. Nayyar, *Sikh Polity and Political Institutions*, Delhi, 1979.
- J.S. Grewal, *The Sikhs of the Punjab*, Cambridge University Press, 1990.
- Fauja Singh (ed.), *History and Culture of the Punjab, Part III*, Punjabi University, Patiala, 1987.
- Khushwant Singh, *A History of the Sikhs, Vol. I*, Oxford University Press, Delhi, 1991.
- L.M. Joshi, *A Short History of the Sikhs*, Publication Bureau, Punjabi University, Patiala, 1983
- Fauja Singh (ed.), *A Short History of the Sikhs*, Punjabi University, Patiala, 1983.
- W.H. McLeod, *Historical Dictionary of Sikhism*, Scarecrow Press, Lanham, 2002.
- Hari Ram Gupta, *History of the Sikhs, Vol. II: Evolution of Sikh Confederacies*, Munshiram Manoharlal, New Delhi, 1999.
- ਕਿਰਪਾਲ ਸਿੰਘ, *ਸਿੱਖ ਇਤਿਹਾਸ ਦੇ ਵਿਸ਼ੇਸ਼ ਪੱਖ*, ਸ਼੍ਰੋਮਣੀ ਗੁਰਦੁਆਰਾ ਪ੍ਰਬੰਧਕ ਕਮੇਟੀ, ਅੰਮ੍ਰਿਤਸਰ, ਪਹਿਲੀ ਵਾਰ(1965), ਦੂਜੀ ਵਾਰ, 1997
- ਗੰਡਾ ਸਿੰਘ (ਡਾ.), *ਬੰਦਾ ਸਿੰਘ ਬਹਾਦੁਰ*, ਪਬਲੀਕੇਸ਼ਨ ਬਿਊਰੋ ਪੰਜਾਬੀ ਯੂਨੀਵਰਸਿਟੀ, ਪਟਿਆਲਾ, 1990